

(For the provider or behavioral health specialist)

Scoring and interpreting the DAST :

1. "Yes" responses are one point, "No" responses are zero points. All responses are added for a total score and correlated with a zone of use, which can be circled on the bottom right corner.

Score	Zone of use	Action
0	I - Healthy	None
1 - 2, plus: <ul style="list-style-type: none"> • No daily use of any substance • No weekly use of opioids, cocaine, or methamphetamine. • No injection drug use in the past three months. • Not currently in Drug Abuse Treatment. 	<ul style="list-style-type: none"> • Offer advice on benefits and importance of remaining drug abstinent. • Monitor and reassess at next visit. • Consider providing educational materials. 	
1 - 2 (without meeting criteria above)		II - Risky
3 - 5	III - Harmful	Brief intervention/Brief treatment
6+	IV - Dependent	Referral to specialized treatment

Brief intervention: Patient - centered discussion that employs Motivational Interviewing concepts to raise an individual's awareness of his/hersubstance use and enhancing his/her motivation towards behavioral change.

Brief interventions are typically performed in 3 - 15 minutes, and should occur in the same session as screening.

The recommended behavior change is to abstain from illicit drug use.

Patients with numerous or serious negative consequences from their substance use, or patients with likely dependence who cannot or will not obtain conventional specialized treatment, should receive more intensive intervention with followup.

Referral to specialized treatment: A proactive process that facilitates access to specialized care for individuals who have been assessed to have substance use dependence. These patients are referred to drug treatment experts for more definitive, in-depth assessment and, if warranted, treatment. The recommended behavior change is to abstain from use and accept the referral.